



KS1 CITIZENS

DURING KS1 CHILDREN'S LEARNING IN PSHE SHOULD INCLUDE THE FOLLOWING:

- ✓ Making choices about how to be healthy and safe.
- ✓ Knowing what to do in an emergency.
- ✓ Knowing how to manage emotions.
- ✓ Celebrating diversity within their own community and throughout the world.

BY THE END OF KS1 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO:

Health and Wellbeing

Demonstrate they can think about themselves by recognising what they like and dislike so they can make real and informed choices that improve their physical and emotional health, understanding that choices can have good and not so good consequences.

Describe what constitutes a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health.

Recall the names for the main parts of the body (including external genitalia) and explain the bodily similarities and differences between boys and girls.

Recognise that they share a responsibility for keeping themselves and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell' including knowing that they do not need to keep secrets if they make them feel uncomfortable.

Relationships

Recognise that their behaviour can affect other people and show an understanding of what is fair and unfair, kind and unkind, what is right and wrong and what bullying is.

Identify and respect the differences and similarities between people sharing their opinions on things that matter to them and explain their views through discussions with one other person and the whole class.

Communicate their feelings to others, to recognise how others show feelings and how to respond understanding that feelings as well as bodies can be hurt.

Listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation).

(continued overleaf)

BY THE END OF KS1 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO:

Offer constructive support and feedback to others.

Judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them).

Being a responsible citizen

Help construct, and agree to follow, group, class and school rules and to understand how these rules help them explain what improves and harms their local, natural and built environments and develop strategies and skills needed to care for these (including conserving energy).

Understand that money comes from different sources and can be used for different purposes, including the concepts of spending and saving.

Discuss the ways in which they are all unique and the ways in which we are the same as all other people ; showing an understanding that there has never been and will never be another 'them,' whilst recognising what we have in common with everyone else.

**BY THE END OF KS1 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO
UNDERSTAND AND USE THE FOLLOWING VOCABULARY:**

Please see the separate Malin Bridge Values progression document.

