



KS2 SPORTS STARS

DURING KS2 CHILDREN'S LEARNING IN PE SHOULD INCLUDE THE FOLLOWING:

- ✓ How to use them in different ways and to link them to make actions and sequences of movement.
- ✓ Communicating, collaborating and competing with each other.
- ✓ Developing an understanding of how to improve in different physical activities
 - ✓ How to evaluate and recognise their own success

BY THE END OF KS2 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO:

Use running, jumping, throwing and catching in isolation and in combination.

Play competitive games, modified where appropriate, applying basic principles of attacking and defending.

Compare their performances with previous ones and demonstrate improvement to achieve their personal best in flexibility, strength, technique, control and balance.

Perform dances using simple movement patterns.

Take part in outdoor and adventurous activity challenges both individually and within a team.

BY THE END OF KS2 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO UNDERSTAND AND USE THE FOLLOWING VOCABULARY:

COMPETE

SUCCESS

FLEXIBILITY

STRENGTH

ISOLATION

COMBINATION

TECHNIQUE

COLLABORATE