



# LKS2 CITIZENS

**DURING LKS2 CHILDREN'S LEARNING IN PSHE SHOULD INCLUDE THE FOLLOWING:**

- ✓ Making choices about how to be healthy and safe.
- ✓ Knowing what to do in an emergency.
- ✓ Knowing how to manage emotions.
- ✓ Celebrating diversity within their own community and throughout the world.

**BY THE END OF LKS2 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO:**

## **Health and Wellbeing**

Reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals.

Recognise what positively and negatively affects their physical, mental and emotional health so they can understand the concept of a 'balanced lifestyle.'

Recognise how their increasing independence brings increased responsibility to keep themselves and others safe.

Understand bacteria and viruses can affect health and that following simple routines can reduce their spread.

Explain school rules about health and safety, basic emergency aid procedures, where and how to get help and be able to assess and predict dangers differentiating between the terms, 'risk', 'danger' and 'hazard.'

Take care of their body, understanding that they have the right to protect their body from inappropriate and unwanted contact and be clear on strategies required to get support if they have fears for themselves or their peers.

## **Relationships**

Recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships understanding the differences between acquaintances, friends, relatives and families.

Recognise and challenge stereotypes understanding that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability.

Work collaboratively towards shared goals.

Recognise and manage 'dares.'

(continued overleaf)

**BY THE END OF LKS2 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO:**

**Demonstrate strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves.**

**Judge what kind of physical contact is acceptable or unacceptable and how to respond.**

**Being a responsible citizen**

**Understand that they have different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment; to continue to develop the skills to exercise these responsibilities.**

**Know about the role money plays in their own and others' lives, including how to manage their money and how to be a fair critical consumer.**

**Appreciate the range of national, regional, religious and ethnic identities in the United Kingdom.**

**Consider the lives of people living in other places, and people with different values and customs.**

**Resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices**

**BY THE END OF LKS2 A CHILD ATTAINING TYPICALLY WILL BE ABLE TO  
UNDERSTAND AND USE THE FOLLOWING VOCABULARY:**

*Please see the separate Malin Bridge Values progression document.*

